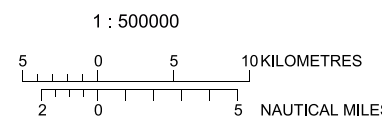


APRAQ3W GOLOP5W
LOMKI6W VLM7W

Description of all **TRAGA** areas see **ENR 5.5**



Recommended coding:

Designator				Route				Remarks		
Path Terminator	Waypoint			Course / Track MAG° (True°)	DIST NM	Turn Direction	Constraints		Nav Spec.	Remarks
	ID	Flyover	Coordinates				Crossing ALT	Speed		
APRAQ3W (APRAQ THREE WHISKEY ARRIVAL)				APRAQ - PR582 - ELPON - EKROT				---		
IF	APRAQ	NO	493854.00N 0140721.00E	---	---	---	---	---	RNAV 1	---
TF	PR582	NO	494440.86N 0141606.55E	039 (044.5)	8.1	---	---	---	RNAV 1	---
TF	ELPON	NO	495530.04N 0143702.29E	046 (051.2)	17.4	---	---	---	RNAV 1	---
TF	EKROT	NO	500346.00N 0145313.00E	046 (051.5)	13.3	---	---	---	RNAV 1	IAF
GOLOP5W (GOLOP FIVE WHISKEY ARRIVAL)				GOLOP - PR516 - PR517 - PR518 - ERASU - SULOV				---		
IF	GOLOP	NO	503508.74N 0142944.63E	---	---	---	---	---	RNAV 1	---
TF	PR516	NO	502231.71N 0143144.85E	169 (174.2)	12.7	---	---	---	RNAV 1	---
TF	PR517	NO	501736.46N 0141508.94E	240 (245.3)	11.7	RIGHT	---	---	RNAV 1	---
TF	PR518	NO	501304.78N 0141826.23E	150 (155.0)	5.0	LEFT	---	---	RNAV 1	---
TF	ERASU	NO	501607.51N 0142841.31E	060 (065.1)	7.3	LEFT	---	---	RNAV 1	---
TF	SULOV	NO	501744.26N 0143405.85E	060 (065.0)	3.8	---	---	---	RNAV 1	IAF
LOMKI6W (LOMKI SIX WHISKEY ARRIVAL)				LOMKI - PR511 - PR512 - PR513 - PR518 - ERASU - SULOV				---		
IF	LOMKI	NO	495433.61N 0131428.40E	---	---	---	---	---	RNAV 1	---
TF	PR511	NO	495402.32N 0132855.38E	088 (093.1)	9.4	---	---	---	RNAV 1	---
TF	PR512	NO	500438.03N 0135024.45E	047 (052.5)	17.5	LEFT	---	---	RNAV 1	---
TF	PR513	NO	501058.18N 0141123.04E	060 (064.7)	14.9	---	---	---	RNAV 1	---
TF	PR518	NO	501304.78N 0141826.23E	060 (065.0)	5.0	---	---	---	RNAV 1	---
TF	ERASU	NO	501607.51N 0142841.31E	060 (065.1)	7.3	---	---	---	RNAV 1	---
TF	SULOV	NO	501744.26N 0143405.85E	060 (065.0)	3.8	---	---	---	RNAV 1	IAF
VLM7W (VLM SEVEN WHISKEY ARRIVAL)				VLM - PR522 - EKROT				---		
IF	VLM	NO	494215.38N 0150400.27E	---	---	---	---	---	RNAV 1	---
TF	PR522	NO	494857.20N 0145036.19E	303 (307.7)	11.0	---	---	---	RNAV 1	---
TF	EKROT	NO	500346.00N 0145313.00E	001 (006.5)	14.9	RIGHT	---	---	RNAV 1	IAF

HOLDING

Holding point	Coordinates	Inbound MAG° (True°)	Outbound MAG° (True°)	Turn Direction	MAX IAS kt	Min.holding altitude FT MSL / FL	Time	Distance NM
APRAQ	493854.00N 0140721.00E	036 (041.7)	216 (221.7)	LEFT	---	A5500	1 MIN	---
EKROT	500346.00N 0145313.00E	001 (006.5)	181 (186.5)	LEFT	---	A3000	1 MIN	---
ERASU	501607.51N 0142841.31E	060 (065.1)	240 (245.1)	LEFT	---	A4000	1 MIN	---
OKL	500545.12N 0141556.19E	090 (095.2)	270 (264.8)	RIGHT	---	A4000	1 MIN	---

WAYPOINT LIST

Name	Coordinates	Bearing and Distance
APRAQ	493854.00N 0140721.00E	R-187 OKL, 27,44 OKL DME
EKROT	500346.00N 0145313.00E	R-090 OKL, 24,09 OKL DME
ELPON	495530.04N 0143702.29E	R-122 OKL, 17,0 OKL DME
ERASU	501607.51N 0142841.31E	R-034 OKL, 13,22 OKL DME
GOLOP	503508.74N 0142944.63E	R-012 OKL, 30,73 OKL DME
LOMKI	495433.61N 0131428.40E	R-250 OKL, 41,2 OKL DME
ARZIK	501413.84N 0145630.83E	R-067 OKL, 27,44 OKL DME
SULOV	501744.26N 0143405.85E	R-039 OKL, 16,74 OKL DME
PR511	495402.32N 0132855.38E	R-245 OKL, 32,51 OKL DME
PR512	500438.03N 0135024.45E	R-262 OKL, 16,47 OKL DME
PR513	501058.18N 0141123.04E	R-326 OKL, 5,99 OKL DME
PR516	502231.71N 0143144.85E	R-027 OKL, 19,62 OKL DME
PR517	501736.46N 0141508.94E	R-353 OKL, 11,88 OKL DME
PR518	501304.78N 0141826.23E	R-008 OKL, 7,51 OKL DME
PR522	494857.20N 0145036.19E	R-122 OKL, 27,99 OKL DME
PR582	494440.86N 0141606.55E	R-175 OKL, 21,08 OKL DME